

How Healthy is Your Beauty Routine?

Name:

Log on to <http://www.ewg.org/skindeep/>

Scroll down to the bottom of the page and click on the short article entitled “Test Your Knowledge: How Safe are Your Cosmetics?” Read through the questions and answers.

Return to the home page, this time click on the icon at the bottom of the page entitled “Why this matters – Cosmetics and your health”. Read the article that appears.

1. What are the most important points of this second article? (3K, 2C)

2. Return to the Home page and at the bottom right hand side of the screen, under “Essential Tips and Facts”, click on “Top Tips for Safer Products”. Click on “For Teens” and read these paragraphs, then click on the link to the article about the 20 teenage girls. Read this article and answer the following:
 - a. Why are teens more vulnerable to chemicals in cosmetics than adults? (3K)

 - b. Why are teen girls especially vulnerable? (1K)

3. Return to the Home page and select any other one of the articles listed at the bottom. (3K, 2C, 1A)

Fill out the following table.

Selected topic & Reason I selected this topic	Main Points of the article
Topic: Reason:	

K = /10

I = /8

C = /7

A = /8

4. Return to the Home page. In the “search database” line type in the name of a product you or other family members use at home. Fill in the table for this product. Repeat for a different product category (e.g. toothpaste, shampoo, ...) (6I, 3C)

Product you use	Safety rating (lower = safer)	Possible “concern” ingredients and effect(s)	Optional product to try (rating)

5. Were you surprised about how safety standards are applied to these products? Do you think everyone knows about this issue? (2I)
6. Do you think people consider product safety when they purchase toiletries and cosmetics products? How important should product safety be when making the decision to buy? Why? (4A)
7. Will this new understanding change the way you shop? Explain. (3A)

Question/ Criteria	K	I	C	A
1. Important points of “Why this Matters”	/3		/2	
2. a. Why are teens more vulnerable?	/3			
2. b. Why are teen girls especially vulnerable?	/1			
3. Article Summary & reasoning	/3		/2	/1
4. Database search results for 3 products		/6	/3	
5. Surprise/ commonness of knowledge		/2		
6. Safety? Importance? Reasoning?				/4
7. Impact on way you shop				/3
TOTALS	/10	/8	/7	/8

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